

Part-Time Personal Trainer

Join us at our administrative center located in the historic Cathedral Hill neighborhood!

Come join our team at YWCA St. Paul and be a part of an organization that's making a difference in our community. YWCA St. Paul is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.

We are hiring a part-time Personal Trainer to work up to 20 hours per week, with the ability to build clientele and receive more hours. We are also looking for additional Pilates Reformer instructors.

YWCA St. Paul Personal Trainers are responsible for promoting and selling personal training programs and services. They plan and lead a wide range of individualized and group sessions for clients that are educational, motivational, and provide the highest level of customer service to members and participants.

In this role you will:

- Develop, implement and instruct a variety of personal training and group training sessions and specialty classes for members and participants.
- Promote and sell personal training prog. and services, achieving monthly revenue and session goals.
- Administer, track and evaluate health history questionnaires, fitness assessments and other documentation used for individual exercise programs.
- Deliver exceptional customer service, responding to needs and concerns.
- Ensure that all programs and services are safe, educational and motivational
- Complete fitness assessments and orientations for new members.

Qualifications:

Required:

- High School Diploma or GED
- Nationally recognized personal training certification such as American College of Sports Medicine (ACSM), American Council on Exercise (ACE), National Strength and Conditioning Association (NSCA) or National Academy of Sports medicine (NASM).
- Minimum one year experience personal training, with a proven ability to meet aggressive sales goals.
- Excellent interpersonal communication skills and commitment to providing exceptional customer service to members and guests.
- Current CPR.AED and First Aid certifications within 30 days of hire.
- High level of professionalism and the ability to maintain confidentiality.

If you are looking for an opportunity to make a difference and work in a collaborate environment where we celebrate and appreciate each other, please complete the Employment Application on our website:

<https://www.ywcastpaul.org/jobs>

And forward application, resume, cover letter to: hr@ywcastpaul.org

Fax: 651-305-1602 **Mail:** YWCA St. Paul, 375 Selby Ave., St. Paul, MN 55102

YWCA St. Paul is an Equal Opportunity Employer