



St. Paul

PART-TIME PERSONAL TRAINER

YWCA St. Paul is looking for a part-time Personal Trainer to work up to 30 hours per week, Saturdays from 8:00 AM – noon and several weekday evenings from 4:00PM – 8:00 PM.

Come join our team at the YWCA St. Paul and be a part of an organization that's making a difference in our community! The YWCA St. Paul is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.

Personal Trainers are responsible for promoting and selling personal training programs and services. They plan and lead a wide range of individualized and group sessions for clients that are educational and motivational, and provide the highest level of customer service to members and participants.

- Promote and sell personal training programs and services, achieving monthly revenue and session goals.
- Develop, implement and instruct a variety of personal training and group training sessions and specialty classes for members and participants.
- Administer, track and evaluate health history questionnaires, fitness assessments and other documentation used for individual exercise programs.
- Ensure that all programs and services are safe, educational and motivational.
- Complete fitness assessments and orientations for new members.
- Provide the highest level of customer service to members and participants.

The successful candidate must meet the following qualifications:

- High School Diploma or GED.
- Nationally recognized personal training certification such as American College of Sports Medicine (ACSM), American Council on Exercise (ACE), National Strength and Conditioning Association (NSCA) or National Academy of Sports Medicine (NASM).
- Minimum one- year experience personal training, with a proven track record of meeting aggressive sales goals.
- Exceptional interpersonal communication skills.
- Commitment to providing a high level of customer service.
- Ability to plan and organize work and manage multiple priorities.
- High level of professionalism and the ability to maintain confidentiality.
- Current CPR/AED and First Aid certifications within 30 days of hire.

Preference will be given to applicants with a Bachelor's Degree in kinesiology, sports medicine, health and exercise science or related field and previous experience in consultative sales.

If you enjoy the opportunity to make a difference and work in a collaborate environment where we celebrate and appreciate each other, **please submit your resume, cover letter, salary requirements and completed application** to hr@ywcaofstpaul.org. Applications can be found by following the link at the bottom of this page: <http://www.ywcaofstpaul.org/about/jobs/>