

Group Fitness Instructor

Join us at our administrative center located in the historic Cathedral Hill neighborhood!

Come join our team at YWCA St. Paul and be a part of an organization that's making a difference in our community. YWCA St. Paul is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.

We are hiring a Group Fitness Instructor to teach a variety of classes including group cycle.

YWCA St. Paul Group Fitness Instructors develop and lead safe, effective and engaging classes for YWCA St. Paul Health and Fitness Center members and guests. They deliver exceptional customer service, build strong relationships and help promote health and well-being while teaching a variety of classes and formats.

In this role you will:

- Develop safe, effective and engaging groups fitness classes to ensure class members' goals are met.
- Monitor and instruct class members, educating, informing and providing alternatives.
- Deliver exceptional customer service, responding to needs and concerns.
- Engage with class members before and after class, building relationships.
- Keep accurate class attendance records.
- Respond and follow YWCA St. Paul aquatics program safety guidelines.
- Clean and organize studio after each class

Qualifications:

Required:

- Minimum of one-year experience teaching group fitness classes.
- Nationally recognized Group Exercise Certification through National Association of Sports Medicine (NASM), American Council of Exercise (ACE), American Fitness Aerobic Association (AFAA) or National Exercise Trainers Association (NETA).
- Current CPR/AED certification.
- Excellent interpersonal communication skills.
- Commitment to providing exceptional customer service to members and guests.

If you are looking for an opportunity to make a difference and work in a collaborate environment where we celebrate and appreciate each other, please complete the Employment Application on our website:

<https://www.ywcastpaul.org/jobs>

And forward application, resume, cover letter to:

Email: hr@ywcastpaul.org

Fax: 651-305-1602

Mail: YWCA St. Paul, 375 Selby Ave., St. Paul, MN 55102

YWCA St. Paul is an Equal Opportunity Employer