

Register and Join Group Fitness Classes from the YWCA St. Paul Portal

eliminating racism
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ywca
St. Paul

Login ID

Password

SIGN IN

Forgot your Password?











375 Selby Avenue
St. Paul, Minnesota 55102

Sign into the YWCA St. Paul Portal.

Registering for classes

Once in the Portal, click on Group Fitness Classes and Pool Registration.

WELCOME TO YWCA ST. PAUL

 Purchase Services	 Group Fitness Classes and Pool Registration	 Purchase Specialty Classes
 Schedule Personal Training or Pilates Reformer sessions	 Virtual Workout Videos	 Virtual Wellness Videos
 Refer a Friend	 Cart	 My Schedule
 My Account		

It will then show the day of the week and date on the top left, then will show a list of classes, both Group Fitness and Pool Options.

Class Category	Class
All	All

Monday August 16, 2021

Class Category	Class
Pool Lane 1	Pool Lane 1
Lane 1	6:00 AM, 60 MIN Capacity: 2 Available: 1 ONLINE REG. CLOSED
Pool Lane 3	Pool Lane 3
Lane 3	6:00 AM, 60 MIN Capacity: 2 Available: 2 ONLINE REG. CLOSED
openswim-8people	Open Swim
	6:00 AM, 60 MIN Capacity: 8 Available: 8 ONLINE REG. CLOSED

Use the filter box at the top to change selection to "Group Fitness" to make it simpler to view.

Class Category

All

All

Group Fitness

None

Pool

Pool Lane 1

6:00 AM 60 MIN

It will then show only the Group Fitness Classes to choose from. Click "Register" for the desired class.
You must register in advance, once the class has started you will no longer be able to register.

Monday August 16, 2021

Cathy Q	Barbell Strength 6:05 AM, 60 MIN Capacity: 10 Available: 7 ONLINE REG. CLOSED	Barbell Strength
Libby P	Silver Sneakers Yoga 8:00 AM, 60 MIN Capacity: N/A ONLINE REG. CLOSED	Silver Sneakers Yoga Location: LIVE Remote Training
Jennifer M	Dance Party 9:15 AM, 60 MIN Capacity: N/A REGISTER	Dance Party Location: LIVE Remote Training
Cecelia B	Silver Sneakers Classic 10:30 AM, 60 MIN Capacity: N/A REGISTER	Silver Sneakers Classic Location: LIVE Remote Training
Megan H	OULA 6:30 PM, 60 MIN Capacity: N/A	OULA Location: LIVE Remote Training

It will show you a preview of what you are about to register for.
Click "Add Appointment" to finish your registration.

Appointment Details

Class :	Dance Party
Date :	8/16/2021
Time :	9:15 AM
Trainer :	Jennifer M
Service Package :	Pending - Session Type[Multiple] - Pkg Id[2473-StudioRent] - Remaining[N/A]
Session Type :	Training
Special Instructions :	

ADD APPOINTMENT

BACK TO SCHEDULE

It will then bring you back to the registration screen in case you want to register for more classes. Click this icon to go to the main Portal screen.

The screenshot shows the YWCA St. Paul registration portal. At the top left is the YWCA logo. Below it are two dropdown menus for 'Class Category' and 'Class', both set to 'All'. A navigation bar shows dates from Monday, Aug-16 to Thursday, Aug-19. The current date is Monday, August 16, 2021. Below this, three class listings are shown:

- Pool Lane 1**: 6:00 AM, 60 MIN. Capacity: 2 Available: 1. ONLINE REG. CLOSED.
- Pool Lane 3**: 6:00 AM, 60 MIN. Capacity: 2 Available: 2. ONLINE REG. CLOSED.
- Open Swim**: 6:00 AM, 60 MIN. Capacity: 8 Available: 8. ONLINE REG. CLOSED.

Joining Classes

Next click on "My Schedule". This will show you all the classes that you have registered for.

The screenshot shows the YWCA St. Paul main portal with the heading 'WELCOME TO YWCA ST. PAUL'. Below the heading is a grid of service icons:

- Purchase Services
- Group Fitness Classes and Pool Registration
- Purchase Specialty Classes
- Schedule Personal Training or Pilates Reformer sessions
- Virtual Workout Videos
- Virtual Wellness Videos
- Refer a Friend
- Cart
- My Schedule (indicated by an arrow)
- My Account

Register and Join Group Fitness Classes from the YWCA St. Paul Portal

Action	Date	Time	Description	Trainer	Status	Unregister
LIVE soon	Mon August 16, 2021	9:15 AM	Dance Party	Jennifer M NO IMAGE AVAILABLE SHAPE.NET	Registered	DROP CLASS
LIVE soon	Tue August 17, 2021	9:15 AM	Forever Fit	Cecelia B NO IMAGE AVAILABLE SHAPE.NET	Registered	DROP CLASS
LIVE soon	Tue August 24, 2021	9:15 AM	Forever Fit	Cecelia B NO IMAGE AVAILABLE SHAPE.NET	Registered	DROP CLASS
Total:		3				

Along the left side, under the heading Action, it will say LIVE SOON. When the class is close to starting, the wording will change to "Connect." Click the Connect link to join the class.

Action	Date	Time	Description	Trainer	Status	Unregister
Connect	Mon August 16, 2021	9:15 AM	Dance Party	Jennifer M NO IMAGE AVAILABLE SHAPE.NET	Registered	DROP CLASS
LIVE soon	Tue August 17, 2021	9:15 AM	Forever Fit	Cecelia B NO IMAGE AVAILABLE SHAPE.NET	Registered	DROP CLASS
LIVE soon	Tue August 24, 2021	9:15 AM	Forever Fit	Cecelia B NO IMAGE AVAILABLE SHAPE.NET	Registered	DROP CLASS
Total:		3				

If you need assistance, please call Neil Erickson at 651.265.0746 or email at NErickson@ywcastpaul.org

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